

SOCIAL HISTORY

Marital Status: Married Divorced Legally Separated Single Widowed

Occupation: _____ Unemployed Disabled

Race: African-American Asian Caucasian Hispanic Other: _____

Diet: Diabetic Healthy High Fat Low Fat Low Sodium Junk Food

Exercise: 2-3x/week 3-4x/week Daily Never Occasional Rarely

Tobacco Use: No Yes Former

Type: _____ Amt/day: _____ #Years: _____ Year Quit: _____

Alcohol Use: No Yes Former

Frequency: _____ Year Quit: _____

Illicit Drug Use: No Yes Former

Type: _____ #Years: _____ Year Quit: _____

HEALTH MAINTENANCE

Date of Last Pap Smear: _____ **Result:** _____

Date of Last Mammogram: _____ **Result:** _____

Date of Last Colonoscopy: _____ **Result:** _____

Date of Last Bone Density: _____ **Result:** _____

Date of Last Cholesterol Test: _____ **Result:** normal / elevated

Chicken Pox Status: I have had chicken pox I have had the chicken pox vaccine

I have had the vaccine and chicken pox I have had neither the vaccine nor chicken pox

Hepatitis B: I have received the entire Hepatitis B vaccination series

I have part of the Hepatitis B vaccination series

I have not received the Hepatitis B vaccination series

Flu Vaccine: I have received the Flu vaccine this year.

Pneumonia Vaccine: I have received a vaccine for Pneumonia.